



# Most Needed Items

## **Fruit**

- Canned fruit
- Dried fruit
- Juice

## **Vegetables**

- Canned vegetables
- Mash potatoes
- Sweet potatoes
- Mushrooms

## **Grains**

- Rice
- Pastas
- Cereal
- Oatmeal

## **Protein**

- Canned meat or fish
- Tuna
- Dry or canned beans
- Peanut butter or nut butters

## **Dairy**

- Powdered milk
- Shelf-stable milk

## **Other**

- Mayonnaise
- Sugar
- Coffee
- Flour
- Oil
- Ketchup
- Sugar
- Baby formula
- Baby cereal with intact plastic

## **Non-food Items**

- Shampoo or conditioners
- Deodorant
- Lotion
- Detergent
- Diapers and wipes

**Consider donating low sodium, no sugar, and whole grain items. These are only some suggestions of possible donations to the food shelf.**

## **We CANNOT accept:**

- Rusty or unlabeled cans
- Open or used items
- Homemade items
- Non-commercial canned or packaged items

## **Please note:**

- Cleaning supplies should be bagged separately to avoid any spillage and food contamination.
- Perishable items such as produce are not recommended for collection during food drives. See our **Produce Guideline Sheet** for more information.