



Most Requested Items

Cash donations help ECHO Food Shelf buy staples from our foodbank, Second Harvest Heartland and from local stores. Below is a list of some of the items that our clients need or request but we don't purchase.

Condiments and Seasonings

- Ketchup
- Mustard
- Mayonnaise
- Salad Dressing
- Soy Sauce
- Worcestershire sauce

Other Cooking Supplies

- Sugar
- Salt
- Flour
- Cooking Oil
- Cake Mixes

Cleaning and personal care

- Toilet Paper
- Paper Towels
- Facial Tissues
- Dish Soap
- Laundry Soap
- Shampoo & Conditioner
- Hand Soap
- Toothpaste
- Toothbrushes
- Diapers and Wipes
- Feminine Hygiene

Other

- Coffee
- Tea
- Lemonade mix

We CANNOT accept:

- Rusty or unlabeled cans
- Open or used items
- Homemade items
- Non-commercial canned or packaged items

Please note:

- Perishable items such as produce are not recommended for collection during food drives. See our **Produce Guideline Sheet** for more information.